

S.H.A.P.E. AMERICA'S NATIONAL STANDARDS FOR PHYSICAL EDUCATION

STANDARD #1:

I CAN MOVE CORRECTLY & HAVE THE SKILLS TO PLAY



STANDARD #2:

I KNOW & USE MOVEMENT STRATEGIES IN GAME PLAY



STANDARD #3:

I EXERCISE REGULARLY & KNOW HOW TO STAY FIT



STANDARD #4:

I PLAY FAIR



STANDARD #5:

I VALUE PHYSICAL ACTIVITY, FITNESS & HEALTH

